

## Capacity Development Training Workshop on

### Changing Mindsets in Public Institutions to Realize the 2030 Agenda in Pakistan

## Reading list

The materials, activities and examples of this toolkit have been created from insights gained through experience and research. Below is a list of reading materials that key themes have been developed from, some are books, some of blogs which provide a much shorter read around certain concepts.

#### Day 1:

- Mindsets
  - Dweck, C. (2017) Mindset - changing the way you think to fulfil your potential
  - Interview with Chris Argyris (p,12)  
<https://karenhegmann.typepad.com/tellingthestory/files/rotmanwinter2008.pdf>
  - [The nature of mindsets. A primer on how our underlying beliefs... | by Ash Buchanan | Benefit Mindset](#)
  - [How Mindset Shapes Our Practice's Success](#)
  - [Mindsets for Social Innovation](#) - by Innovation Unit
- Experimental problem solving
  - [Towards an experimental culture in government: reflections on and from practice](#)
  - <https://www.nesta.org.uk/blog/exploring-the-unobvious-why-governments-need-to-experiment-outside-their-comfort-zone/>
- Innovation/experimentation craft
  - [Developing innovation craft in the public sector](#)

#### Day 2:

- Decision making around complex problems
  - [A Leader's Framework for Decision Making](#)
- Ethnography, user centred design
  - Stapper and [Co-creation and the new landscapes of design](#)
  - Edward T. Hall's Cultural Iceberg Model; Beyond Culture (1976)  
[https://www.spps.org/cms/lib/MN01910242/Centricity/Domain/125/iceberg\\_model\\_3.pdf](https://www.spps.org/cms/lib/MN01910242/Centricity/Domain/125/iceberg_model_3.pdf)
- Behaviours insight/behaviour science
  - Kahneman, D (2011), Thinking fast and slow
  - Thaler, R.H., and Sunstein, C.R., (2009) Nudge: Improving decisions about health wealth and happiness
  - [Explainer: What is a behavioral 'nudge'? | by Bloomberg Cities](#)
  - [10 Examples of Nudge Theory](#)

### Day 3

- Reframing
  - [Are You Solving the Right Problems?](#)
  - Getzels, J. W., & Csikszentmihalyi, M. (1967). Scientific creativity. *Science Journal*, 3(9), 80–84.
  - Biases: <https://medium.com/better-humans/cognitive-bias-cheat-sheet-55a472476b18>
- Prototyping
  - [Proof of concept, prototype, pilot, MVP – what’s in a name?](#)
- Failure
  - Amy Edmondson, HBR April 2011 [Strategies for Learning from Failure](#)
- Learning organisations
  - [Is Yours a Learning Organization?](#)
  - Senge, P. (1990) *The 5th Discipline*
- Designing for public services
  - [Designing for Public Services](#)
- Social psychology:
  - Bandura, A. (2005) [The evolution of social cognitive theory](#)
  - [5 Strategies for Changing Mindsets | by Dave Paunesku | Learning Mindset](#)

### Day 4:

- Storytelling
  - [The Neuroscience Of Storytelling Will Make You Rethink The Way You Create](#)
  - [The Value of Strategic Storytelling](#) - by Uscreates.
  - Biesenbach, R. ( 2017) *Unleash the Power of Storytelling: Win Hearts, Change Minds, Get Results.*
- Hacking policy cycle
  - [Hacker's Toolkit](#)
- Competency framework
  - [Skills, attitudes and behaviours that fuel public innovation](#)

### Day 5

- *Leading Public Design - Discovering Human-Centred Governance.* Policy Press 2017.
- [The Challenge of Systems Leadership](#) - by Rachel Sinha.
- [Getting Work Done: What Government Innovation Really Looks Like](#) - by New America
- [How to get better leadership in government](#) - by Christian Bason